

## **Mark 7:31-37**

**31** Then Jesus left the vicinity of Tyre and went through Sidon, down to the Sea of Galilee and into the region of the Decapolis. **32** There some people brought to him a man who was deaf and could hardly talk, and they begged Jesus to place his hand on him. **33** After he took him aside, away from the crowd, Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue. **34** He looked up to heaven and with a deep sigh said to him, "Ephphatha!" (which means "Be opened!"). **35** At this, the man's ears were opened, his tongue was loosened and he began to speak plainly. **36** Jesus commanded them not to tell anyone. But the more he did so, the more they kept talking about it. **37** People were overwhelmed with amazement. "He has done everything well," they said. "He even makes the deaf hear and the mute speak."

The following questions are for personal and or group reflection.

1. Observation for reflection- What word or phrase is the Spirit prompting in my heart? What word or phrase says, "I am for you today"?
2. Interpretation- What does the word or phrase mean that the Spirit is giving me?
3. Application- What is the word or phrase calling me to be or to do?