

Luke 1:39-55

³⁹At that time Mary got ready and hurried to a town in the hill country of Judea, ⁴⁰where she entered Zechariah's home and greeted Elizabeth. ⁴¹When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. ⁴²In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you will bear! ⁴³But why am I so favored, that the mother of my Lord should come to me? ⁴⁴As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. ⁴⁵Blessed is she who has believed that what the Lord has said to her will be accomplished!" ⁴⁶And Mary said: "My soul glorifies the Lord ⁴⁷and my spirit rejoices in God my Savior, ⁴⁸for he has been mindful of the humble state of his servant. From now on all generations will call me blessed, ⁴⁹for the Mighty One has done great things for me— holy is his name. ⁵⁰His mercy extends to those who fear him, from generation to generation. ⁵¹He has performed mighty deeds with his arm; he has scattered those who are proud in their inmost thoughts. ⁵²He has brought down rulers from their thrones but has lifted up the humble. ⁵³He has filled the hungry with good things but has sent the rich away empty. ⁵⁴He has helped his servant Israel, remembering to be merciful ⁵⁵to Abraham and his descendants forever, even as he said to our fathers."

The following questions are for personal and or group reflection.

1. Observation for reflection- What word or phrase is the Spirit prompting in my heart? What word or phrase says, "I am for you today"?
2. Interpretation- What does the word or phrase mean that the Spirit is giving me?
3. Application- What is the word or phrase calling me to be or to do?