

Matthew 10:37-42 (NIV)

37 "Anyone who loves their father or mother more than me is not worthy of me; anyone who loves their son or daughter more than me is not worthy of me. **38** Whoever does not take up their cross and follow me is not worthy of me. **39** Whoever finds their life will lose it, and whoever loses their life for my sake will find it. **40** "Anyone who welcomes you welcomes me, and anyone who welcomes me welcomes the one who sent me. **41** Whoever welcomes a prophet as a prophet will receive a prophet's reward, and whoever welcomes a righteous person as a righteous person will receive a righteous person's reward. **42** And if anyone gives even a cup of cold water to one of these little ones who is my disciple, truly I tell you, that person will certainly not lose their reward."

The following questions are for personal and or group reflection.

1. Observation for reflection- What word or phrase is the Spirit prompting in my heart? What word or phrase says, "I am for you today"?
2. Interpretation- What does the word or phrase mean that the Spirit is giving me?
3. Application- What is the word or phrase calling me to be or to do?