Mark 9:2-10

² After six days Jesus took Peter, James and John with him and led them up a high mountain, where they were all alone. There he was transfigured before them. ³ His clothes became dazzling white, whiter than anyone in the world could bleach them. ⁴ And there appeared before them Elijah and Moses, who were talking with Jesus. ⁵ Peter said to Jesus, "Rabbi, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah." ⁶ (He did not know what to say, they were so frightened.) ⁷ Then a cloud appeared and enveloped them, and a voice came from the cloud: "This is my Son, whom I love. Listen to him!" ⁸ Suddenly, when they looked around, they no longer saw anyone with them except Jesus. ⁹ As they were coming down the mountain, Jesus gave them orders not to tell anyone what they had seen until the Son of Man had risen from the dead. ¹⁰They kept the matter to themselves, discussing what "rising from the dead" meant.

The following questions are for personal and or group reflection.

- 1.Observation for reflection- What word or phrase is the Spirit prompting in my heart? What word or phrase says, "I am for you today"?
- 2. Interpretation- What does the word or phrase mean that the Spirit is giving me?
- 3. Application- What is the word or phrase calling me to be or to do?