



Matthew 10:37-42 (NIV)

37 "Anyone who loves their father or mother more than me is not worthy of me; anyone who loves their son or daughter more than me is not worthy of me. **38** Whoever does not take up their cross and follow me is not worthy of me.

39 Whoever finds their life will lose it, and whoever loses their life for my sake will find it. **40** "Anyone who welcomes you welcomes me, and anyone who welcomes me welcomes the one who sent me. **41** Whoever welcomes a prophet as a prophet will receive a prophet's reward, and whoever welcomes a righteous person as a righteous person will receive a righteous person's reward. **42** And if anyone gives even a cup of cold water to one of these little ones who is my disciple, truly I tell you, that person will certainly not lose their reward."

The following questions are for personal and or group reflection.

1. Observation for reflection- What word or phrase is the Spirit prompting in my heart? What word or phrase says, "I am for you today"?
2. Interpretation- What does the word or phrase mean that the Spirit is giving me?
3. Application- What is the word or phrase calling me to be or to do?